



What's Inside

Garrison news pages 2 & 3

DOL gives motorists a Top Ten List, the most common issues during vehicle inspections

Speak Out: The Outlook asks area youth what they want from Santa this Christmas

Community Camera page 4

A snapshot of events making news in and around the U.S. military community in Vicenza.

Highlights include a Toara Thanksgiving and Soldiers' Theatre's Jingle All the Way



Community news page 5

Find out what's going on at USAG Livorno in the Darby Dates column

Community notes pages 6 & 7

OUT & ABOUT: A listing of local concerts, festivals and events, featuring a 100-member Italian choir that will perform holiday music on post Dec. 11.

Movie Schedule

Sports page 8

Mako Sharks rev up for busy winter season

Standing tall & cooking good

USARAF Soldier takes top honors in '09 Culinary Arts Competition

Story and photo by EDWARD JOHNSON
U.S. Army Africa

There are plenty of top-notch dining facilities in the Army, but only one is rated the best in Europe. That establishment, nestled in the heart of northern Italy, is also home to some of the finest culinary arts specialists the Army has to offer – with a wall of trophies and lines of satisfied diners to prove it.

The South of the Alps dining facility was put to the test again Nov. 5-13 in Grafenwoehr, Germany, when more than 30 competitors from six major garrisons came together to compete in this year's Installation Management Command and U.S. Army Europe Culinary Arts Competition.

Not surprisingly, the team See COOKING Page 5



Chefs Ken D. Turman II (right) and Vincenzo Esposito display one of the many award-winning dishes they planned and prepared for this year's Culinary Arts Competition.

First Rock NCO awarded Silver Star for heroism

By RICKS SCAVETTA
U.S. Army Africa

Hundreds of maroon-bereted Soldiers from the 173rd Airborne Brigade Combat Team gathered Nov. 30 to honor Staff Sgt. Matthew Matlock, a noncommissioned officer from Company C, 1st Battalion, 503rd Infantry Regiment for actions he took under fire to save Soldiers in Afghanistan.

Paratroopers stood at attention at Caserma Ederle's post theater as Maj. Gen. William B. Garrett III, commander of U.S. Army Africa, fastened the Silver Star to Matlock's uniform.

During the ceremony, Matlock's thoughts turned to guys who were with him that day and what they endured, he said. Matlock said he was just doing his job as an NCO, not something he deserved an award for. Soldiers in combat are brothers, like family, he added.

"They were wounded and couldn't fight



Photo by Barbara Romano, JMTC Photo Lab
USARAF Commander Maj. Gen. William B. Garrett III pins the Silver Star on Staff Sgt. Matthew Matlock.

back. I was going to make sure they made it out of there," Matlock said. "They would have done it for me, so I did it for them."

Still, a day seldom passes when Matlock

See STAFF SGT. Page 5

Family's carbon monoxide poisoning ordeal prompts USAG campaign

Staff report

After a USAG Vicenza family was hospitalized for carbon monoxide (CO) poisoning last month, the garrison leadership has started a campaign to urge community members to purchase or have their landlords install CO and smoke detectors in their homes.

"We have installed carbon monoxide detectors in all our government quarters as a precaution over the last two years," said the garrison's housing chief, Lewis Smith. "However we could not spend appropriated funds for private rental housing."

Smith said although CO detectors are not required by Italian law, landlords must provide two certifications by authorized technicians attesting that the electric, plumbing and heating systems conform to Italian Law 46/90 "prior to listing a property with our office."

"Soldiers moving into private rental housing also receive a moving-in housing allowance which is supposed to offset costs of transformers, shelves and other items such as CO and smoke detectors," said Lewis.

He said the detectors can be purchased at the PX for just over \$20. For more information, call the Housing Office at 634-8283 or 0444-71-8283 off post.



A JOYFUL NOISE

Carolyn Parse Rizzo sings *The Christmas Song* from Soldiers' Theatre upcoming holiday production "Jingle All the Way" during the ACS Angel Tree kickoff event Nov. 24. Angels may be picked up at ACS or the PX through Dec. 11.

Photo by Laura Kreider

Resourcing the Army Home: Installation funding levels on the decline

In recent years, the Army and its Installations have enjoyed unprecedented levels of funding. In fiscal year 2008, the Army hit a high water mark in its fiscal history with a total annual budget exceeding \$250 billion - three times more than FY 2001 funding level.



Lt. Gen.
Rick Lynch

Much of this growth is attributed to funding the war, rebalancing our Army through investments in Army's force structure, equipment, infrastructure, and key Soldier and Family programs.

Funding levels of this magnitude are unsustainable year after the year and as the country faces some stiff economic challenges, we are forced to reduce funding and exact a greater level of stewardship over our resources.

The Installation Management Command - like other commands throughout our Army - will operate at reduced funding levels. This means that starting in 2010, performance levels for some installation services will be notably less than what we have had in recent years and will remain at that level for the foreseeable future.

Our challenge is to ensure those key, higher-priority programs across our installations do not suffer. We will maintain our full support to Life, Health and Safety programs, the Army Family Covenant and those

services that prepare our Soldier and their Families for deployment in support of the Army's Force Generation model.

These are non-negotiables that will remain fully funded. This is our commitment; we will not depart from it. However, there will be other installation services that will clearly be reduced.

We have grown accustomed to some very high levels of service across the board in recent years and we all need to be forthcoming with the expectation that things will be different in some areas. Help manage this expectation across your garrisons. Educate everyone as to which changes they can expect to see. A simple explanation can go a long way to helping understand the changes some of our installation services will undergo.

Across the Army' installations, we can do much to help ourselves by becoming better stewards of our resources. It starts with the individual; everybody has a role. Simple things like turning the lights off, powering down your computer at night, driving tactical vehicles instead of TMP vehicles or conducting a VTC instead of traveling to a distant site unnecessarily all save money - and no savings is too small to forego.

Commanders and leaders across the installation have a key role and are responsible for the efficient use of our resources. Costs should be an inherent consideration in your every decision. We too often marginalize this key factor in making good, resource-informed decisions but we can no longer

afford to do so.

As I travel throughout the Army community, I carry the message that we can do business smarter

We can do much to help ourselves by becoming better stewards of our resources... Everybody has a role. Simple things like turning the lights off, powering down your computer at night, driving tactical vehicles instead of TMP vehicles or conducting a VTC instead of traveling...

and more efficiently without sacrificing the quality of service that our Soldiers and their Families so richly deserve.

I challenge everyone to do the same; to work together to ensure that those key installation programs that mean so much are well resourced and operated; that we do away with wasteful and unnecessary spending.

Every person - whether you are a Soldier, Family member, one of our great DA Civilians or a contractor serving our Army - is needed and can make a difference.

Ask yourself if you are doing the right things and then, are you doing them right. Doing things right means doing them in the most cost efficient way without sacrificing effectiveness.

Army Strong

Lt. Gen. Rick Lynch

IMCOM Commander

Defender 6

IMCOM - like other commands throughout our Army - will operate at reduced funding levels. This means that starting in 2010, performance levels for some installations services will be notably less than what we have had in recent years and will remain at that level for the foreseeable future.

Speak Out

What are you asking Santa to bring you this Christmas?



Jalen Crittenden
First Grade

"I am asking for a Bakugan (a toy like Pokemon), a Nintendo DS and a horse."



Emma Kara
Second Grade

"I would like a dog."



Julia Lombardi
Second Grade

"Dance, Dance Revolution (videogame)."



Rebecca Sepanic
Pre-school

"Some princess dresses, princess shoes, coloring book with Santa and a book."



Colton Wilcher
Third Grade

"I'd like Power Miner Legos."

Don't miss your chance! The Combined Federal Campaign is extended through Dec. 11. Call 634-7673.

Top en tips

DOL gives motorists a glimpse of most common problems

To help community members pass their vehicle inspections, Caserma Ederle's Directorate of Logistics Installation Materiel Maintenance Activity has noted the 10 most common problems identified during inspections, as of Oct. 2. They are numbered by occurrence below. For more information about vehicle registration, call Pat O'Connor at 634-7001. Call 634-6906 for inspection problems.



5. Suspension parts worn, unserviceable, rotted and boots cracked steering arms loose at the ends, boots torn and worn.



4. Braking uneven or worn pads.



1. Lights out of adjustment or not functioning.



3. Exhaust leaks or mountings loose.



2. Tires worn excessively.



6. Body and frame parts missing, worn or inoperative.

7. Parking brakes not holding vehicles or worn.

9. Windshields cracked.

8. First aid kits missing, warning triangles missing, reflective vests missing.

10. General leaks of steering pumps and transmissions.

Photos by Laura Kreider

The Outlook

December 3, 2009 Vol. 42, Issue 47

U.S. Army Africa Commander
Maj. Gen. William B. Garrett III

USAG Vicenza Commander
and Publisher
Col. Erik Daiga

USAG Vicenza
Public Affairs Officer
Jon Fleshman

Editor
Adriane Foss

Photojournalist
Laura Kreider

The Outlook is an unofficial publication authorized and provided by AR 360-1.

All editorial content of The Outlook is prepared, edited, provided and approved by the U.S. Army Garrison Vicenza Public Affairs Office in building 3, room 101, on Caserma Ederle in Vicenza, Italy. Telephone DSN 634-6363, off post at 0444-71-7000 or e-mail: DL USAG Vicenza Outlook Editor

The Outlook is published weekly by the USAG Vicenza PAO, Unit 31401, Box 10, APO AE 09630. It is printed by Centro Stampa Editoriale SRL, Grisignano (VI) 0444-414-303.

Editorial publication is an authorized section for members of the U.S. Army overseas. Contents of The Outlook are not necessarily the official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army, Installation Management Command-Europe, U.S. Army Garrison Vicenza or the U.S. Army Southern European Task Force.

Submissions: Send all submissions for publication to editor@eur.army.mil. Submissions should be made via e-mail and must be received by Monday at noon for that week's publication.

The editor reserves the right to edit all submissions for style, brevity and clarity. Circulation is 2,500 per week.

At your service

Information Technology



Mirko Guerra is an IT specialist at Caserma Ederle.

"I provide assistance to users regarding operating and maintenance and use techniques to test and analyze computer malfunctions, perform computer systems security support functions, set up and maintain account restrictions," explained Guerra.

"I also prepare network access requests and perform customer service help desk duties," he said.

Guerra is located in Bldg. 12, Directorate of Logistics Automation (behind the dining facility).

He can be reached Monday-Friday from 8 a.m.-5 p.m. at 634-6157.

Community Camera

A snapshot of events making news in and around the U.S. military community in Vicenza...



Toara Thanksgiving:

Vicenza military community members Allie and Greg Vallery (center) enjoy a moment together after serving Thanksgiving dinner to more than 120 residents of the little town of Toara Nov. 28 for the second year running. The Vallerys were assisted by a dozen volunteers from Caserma Ederle who prepared and served turkey, ham, stuffing, yams, green beans, cranberry sauce and pumpkin pie; the wine was provided by one of the local Italian wineries.

Photo by Jon Fleshman



Courtesy photo

In deep: (From left) Caserma Ederle firefighters Samuele Orsolon, Federico Croce, captains Kelly Knight, Corey Prough, and chief Alex Christie conduct training Nov. 19 in the nearby Brenta River.



Photo by Ed Johnson

Having fun: (Above) Matthew Waddell of Boy Scout Troop 295 scales a rock face at the base of Monte Berico during an adventure weekend last month. (Right) Yamcey Lopez, 8, participates in a cookie-decorating and holiday card making event at the Davis Soldier and Family Readiness Center Nov. 24.



Photo by Laura Kreider



Photo by Annette Fournier

Smooches: Antonio Segura gets a lesson on mistletoe from Katie McKeever, left, and McKena Aubrey, during rehearsal for *Jingle All the Way*. The holiday musical review opens this weekend at Caserma Ederle's Soldiers' Theatre. Performances are Dec. 4-13, at 7:30 p.m. on Fridays and Saturdays, and at 2 p.m. Sundays. Tickets cost \$12 for adults and \$10 for youth. Call 634-7281 or visit Soldiers' Theatre 8 a.m.-5 p.m. to purchase tickets



Photo by Laura Kreider

Ready for the holidays: (Above) Caserma Ederle DPW electrician Gregolin Mauro decorates the installation's Christmas tree in preparation for the annual tree lighting.

(Right) Vicenza Elementary School first graders perform for parents and community members during the school's Thanksgiving program at the VES gym Nov. 24.



Photo by Barbara Romano, JMTC photo lab

Stately visit: California Rep. Howard P. (Buck) McKeon, the ranking member of the House Armed Services Committee, shares lunch with Soldiers from his home state at the Ederle DFAC Nov. 25.



Photo by Laura Kreider

Cooking contest yields big wins for USARAF Soldiers

continued from Page 1

from Vicenza walked away from the competition with an armful of medals – including the trophy for best team, best chef and 16 individual gold, silver, and bronze medals.

Bringing home the bacon

Having just returned from Grafenwoehr, Sgt. Ken D. Turman II, U.S. Army Africa's subsistence NCO and winner of this year's prestigious Best Chef of the Year award, took time out of his busy schedule to demonstrate what it takes to prepare an award-winning entrée.

"If you've ever served in the military, you know how important chow is to the daily life of our Soldiers," Truman said while prepping a cornucopia of fresh meat and vegetables. "A warm, well-prepared meal is often the highlight of their day – both here or in the field."

With a container of sautéed onions in one hand and a mixing bowl of flour and spice in the other, Turman set to work demonstrating what it takes to be top chef.

Discussing his recent victory, Turman offers this bit of sage advice, "The key to success in the kitchen boils down to three ingredients – planning, passion and hard work."

Nowhere is that recipe for success more evident than the behind-the-scenes hustle and bustle of an Army dining facility.

Working alongside Chef Vincenzo Esposito, one of Turman's team-mates and fellow gold medalist, Turman skillfully guides his knife through a fresh beef tenderloin - neatly slicing it into three, even

cuts of filet mignon.

Showing just what it takes to be part of an award-winning team, Esposito moves with ease to the stove and gently places the filets onto a piping hot grill-pan, while Turman drops homemade onion rings into a nearby fryer – these bite-sized morsels pack a mouthful of flavor and will later serve as a garnish for the main course.

Both chefs then turn to decorating three plates with basil-infused olive oil and a mouth-watering Chianti-garlic sauce.

It's that magic moment in the kitchen when one meal has been served and chefs are busy preparing for the next.

When asked what it takes to be a top chef, Turman answers with confidence, "After putting in a double shift at the dining facility, you need to go home and study your recipe books, practice with your family or friends and seek out mentors who can help improve your skills."

Soldiers can have a long memory when it comes to food. While old veterans might not remember their drill sergeant's name or the maximum effective range of their weapons, they always seem to recall the quality and quantity of food they received in the chow line. If you don't believe it, just ask any old-timer to describe the contents of their C-ration... and don't be surprised when they answer, "the cigarettes and 'P-38' can-opener were good; the food was

not."

Fortunately C-rations are not on today's menu.

As nearby chefs gather around to watch Turman 'plate' the finished product, Esposito whips together a hot salad of sautéed Savoy and Bok Choy cabbage.

The smell of victory is in the air

Done to perfection, the fillets make their way to each of the decorated plates. The hefty cuts of meat are the centerpiece of Turman's entrée and set the stage for a dining experience sure to please any discerning palate.

In addition to the grilled filet mignon, Turman's award-winning, culinary creation consists of home-grown polenta, Esposito's hot cabbage salad and a tasty garnish of spicy, homemade onion rings.

One bite, and there's no question why Turman is this year's top chef.

But even after the last bite melts in your mouth and the tables are cleared, the work for Turman isn't over – not by a long shot.

With a victory in Europe under his belt, he will now go on to compete in the 34th Annual U.S. Army Culinary Arts Competition at Fort Lee, Va., against the other regional winners from around the world.

"I think we were better prepared than any other team at the Grafenwoehr competition," Turman said. "We are going to need that same level of preparation, passion and hard work to bring home the gold from Fort Lee."



Chef Jared Suarez displays the fruits of his labor following the Army's Culinary Arts Competition Nov. 5-13 in Grafenwoehr.

'Staff Sgt. Matlock fought with incredible bravery'

continued from Page 1

doesn't think about June 20, 2008, when his convoy was moving through Zerok, in Afghanistan's Paktika province.

"It was one of those days," Matlock said. "We were on our way back to Orgun-E from our last mission. We were getting ready to go home."

Just a few miles from their destination, the patrol drove into enemy fighters who attacked Matlock's patrol with small arms and rocket-propelled grenades.

"Everything broke loose. We kept trying to push through. But they targeted our truck with RPG's and disabled it," Matlock said. "They just kept hitting us one after the other, until finally the truck caught on fire and I had to get everybody out of there."

An RPG struck an external fuel tank, sending flames and shrapnel inside – seriously

wounding three Soldiers from Matlock's squad. Under direct fire and wounded himself, Matlock evacuated his injured comrades and treated them with first aid. He fired back and directed his squad to shoot at enemy positions.

But RPGs poured in, sending hot metal fragments through the air. Each time, Matlock used his body to shield fellow Soldiers, receiving shrapnel wounds in the process. That's where training pays off, allowing instincts to take over, Matlock said.

"You never know, really, what you're made of until you're put into that situation," Matlock said. "You don't really think about anything else except getting your guys out of there. That was all that was going through my head – these guys are going to make it home. And I made sure of that."

Eighteen months have passed since that day in Afghanistan. Matlock listened from the

theater's front row as Garrett spoke of his actions.

"Staff Sgt. Matlock fought with such incredible bravery, deliberately putting himself at risk time and time again to save the lives of his men," Garrett said. "He stepped forward without hesitation and did everything we expect of a seasoned combat leader of any rank."

Matlock, 26, a native of Amarillo, Texas, followed in the footsteps of his father, William Matlock, a retired U.S. Army Special Forces master sergeant. In 2002, he joined the infantry and underwent airborne training before joining 1-503rd, the battalion known as "First Rock," where he served in the scout platoon sniper section. In March 2003, Matlock served a year-long tour in Iraq. In 2005, he served a year in Afghanistan. Afterward, Matlock joined

Company C, 1-503rd, rising from team leader to squad leader. In 2007, Matlock deployed again to Afghanistan. It was during that second Afghanistan tour when his actions merited the Silver Star, the military's third highest award, given only for valor and gallantry in combat.

Matlock currently serves as a weapons squad leader with Company C. This month, he returns to Afghanistan with his unit. He's inspired by young volunteers filling the ranks, "ready to learn and ready to fight," still knowing they will be sent into harm's way, he said. During training, he pushes his troops to their limits, to prepare them for combat. He hopes his recognition sets an example and the standard for other Soldiers.

"Everything we're going to do is real life-and-death situations. I just want them to know it's real, the bullets are real out there," Matlock said. "It's not a game."

Darby Dates

Benvenuti

New to Camp Darby and don't know where to go to get answers? Learn about Italian customs, culture, local shopping, paying Italian bills and more at the Benvenuti class beginning Monday. Register at ACS. Call 633-7084 for more information.

Sponsorship training

Let us teach you how to make somebody's move to Camp Darby easy as pie at the Tuesday class. Call ACS at 633-7084 for more information.

Investment club

Learn what it takes to get the most out of your investing Tuesday. Call 633-7084 for more information.

Consumer rights and obligations

Learn what you the consumer are entitled to and what your responsibilities are during this quick class Wednesday. Call 633-7084 for information.

New parent support group

Join in the fun at an interactive and educational playgroup for children ages 0-3 Wednesday. Call 633-7084.

Call today to sign up for an ITR trip

Pisa market shopping: Hate doing last minute shopping because of parking problems? ITR will drop you off and pick you up right in front of the market Dec. 12. All you need to do is shop. Call 633-7589 to sign up.

Vicenza PX shopping: You won't find a more convenient way to get to Vicenza than with ITR Dec. 19. Why spend your hard earned money on autostrada tolls and gas when you can go with us? Save your cash for presents. Call 633-7589.

Darby Religious activities

For details, call the chapel at 633-7267 (050-54-7267).

9:40 a.m.: Catholic Reconciliation

10 a.m.: Catholic Mass

11:15 a.m.: Protestant worship

Protestant **Sunday school** starts at 10 a.m.; Catholic CCD at 11:15 a.m.

The chapel is collecting cardboard, robes, children's plastic swimming pools and cardboard rolls from paper towels and toilet paper.

Community members can contact the Catholic education coordinator to find out when the next confirmation will take place.

Choir practice is at 9:30 a.m on Sunday before Mass.

Deep Purple is an English rock band formed in Hertford in 1968. Along with Led Zeppelin and Black Sabbath, they are considered to be among the pioneers of heavy metal and modern hard rock. The group incorporates classical music, blues-rock, pop and progressive rock elements and were once listed by the Guinness Book of World Records as the world's loudest band. Deep Purple has sold more than 100 million albums worldwide and was ranked #22 on VH1's Greatest Artists of Hard Rock program. They will perform locally through December. See below for details.

File photo by Cesare Greselin



Outdoor Recreation

This weekend: Ski in San Martino, visit Ljubljana, Slovenia, or shop at the Bolzano & Merano Christmas markets.

Ski and snowboard Waxing 101 Class Wednesday at 5:30 p.m.

Vipiteno and Brixen Christmas markets Dec. 12

St. Lucia Christmas market in Verona, Dec. 13

Cortina ski/snowboard day trip Dec. 19

Day trip to Nice, France, Dec. 19-20

Florence at Christmastime, Dec. 23

Pay concerts & events

Muse: Bologna Saturday; Torino Friday.

Tommy Emmanuel: Florence Saturday.

Paradise Lost: Milan Tuesday; Rome Wednesday.

Stryper: Milan, Alcatraz, Jan. 19.

Europe: Milan Jan. 26; in Rome Jan 28; in Nonantola (Modena) Jan. 9; in Padova Jan. 30.

Deep Purple: Dec. 10 in Bolzano at the Club Giardino; Dec. 11 in Jesolo at the Palasport; Dec. 12 in Rome at the Palalottomatica; Dec. 14 in Perugia at the Pala Evangelisti; Dec. 15 in Milano at the Forum; Dec. 16 in Bologna at the Paladozza. Visit www.BARLEYARTS.COM OR www.ZEDLIVE.COM for more information.

For tickets, visit Media World or www.greenticket.it/index.html?imposta_lingua=ing or www.ticketone.it/EN/.

Christmas markets

Vicenza's annual Christmas market is open through Dec. 24 in Giardini Salvi 20. Small wooden chalets open on weekdays, 3-8 p.m. and weekends, 10 a.m.-8 p.m.

An ice-skating rink will be set up weekdays from 3 p.m.-midnight and weekends from 10 a.m.-midnight through Jan. 10.

The Epiphany market will be held the weekend of Jan. 6. A medieval market with costumed vendors will be set up in Piazza delle Erbe.

Trento: Through Dec. 24. Last year more than 530,000 visitors saw 70 exhibitors in their colorful houses at the market area in Piazza Fiera. Opening hours: 10 a.m. to 7:30 p.m. daily and 10 a.m.-5 p.m. on Dec. 24.

Asiago: Christmas and Epiphany markets Monday, Tuesday, Wednesday, Dec. 15, 16 and Dec. 22-Jan. 6, open 10 a.m.-12:30 p.m. and 3:30-7:30 p.m.

Bassano: Christmas market. Find over 40 chalets between Piazza Garibaldi and Piazzotto Montevecchio open daily from 10 a.m.-7:30 p.m., closed on Monday until Dec. 24; also find a train for young and old alike and take a ride around the city center Tuesday Dec. 8, 12, 13, 19 and 20; in Piazza Liberta' until Jan. 10. Enjoy an antique roundabout.

Bussolengo: Christmas village open through Jan. 11, open daily from 9 a.m.-7:30 p.m., closed the mornings of Dec. 3, 10, 17 and will open at 3 p.m. Closed Christmas Day.

Trento: In Piazza Fiera the market is open Sunday to Thursday, 10 a.m.-7:30 p.m., Friday-Saturday

from 10 a.m.-8:30 p.m. and Dec. 24 from 10 a.m.-5 p.m.;

Bolzano: Market in Piazza Walther Through Dec. 23. Open Monday-Saturday 10 a.m.-7 p.m., Sunday 9 a.m.-7:30 p.m. Food stands open until 8 p.m. each day; Bressanone: Through Jan. 6.

Brunico: Through Jan. 6. Market is open weekdays from 2:30- 7 p.m. and on the weekends from 10 a.m.-7 p.m.

Merano: Weekdays 10:30 a.m.-7:30 p.m., weekends 10 a.m.-7:30 p.m. through Jan. 6.

Vipiteno: Through Jan. 6.

Milan: Monday is a special date in Milan--the day of its patron saint, the mythically energetic Ambrogio.

The popular event related to this day is the centuries-old market where the feast day of Saint Ambrose is celebrated in and around Piazza Sant' Ambrogio.

The market is called *Oh Bei*, *Oh Bei*, or *How Beautiful, How Beautiful* in English, because of the cries stall-holders used in bygone days to attract customers. Vendors offer mainly bric-a-brac items and candies.

The market will be held Sunday through Wednesday from sunup to sundown and has more than 400 vendors. As at all markets, which can get very crowded, it is wise to keep an extra watch on your personal belongings.

Nativity scenes

It is a sure sign that the holiday season is fast approaching as the city of Verona sets up its traditional comet-star -- a 70-meter tall, 78-ton sculpture that typically stretches from the Arena onto Piazza Bra.

The international show of nativity scenes sponsored by

UNESCO, opens Dec. 5 and is now in its 26th year. Visitors can see 400 nativity scenes from around the world, all of which will be set against a backdrop of music and lights.

This year's edition will bring the total number of nativity scenes shown at the Arena over the years to more than 6,000.

Countries and continents represented in the nativity display include France, Spain, Slovenia, Switzerland, Germany, Austria, the Czech Republic, Portugal, Peru, Africa, Latin America, South Korea, China and Japan.

The show is divided into four main sections, including the life of Jesus and the art and tradition of the nativity scenes in the Veneto region.

The event is open 9 a.m.-8 p.m. daily, including holidays, through Jan. 24. Entry is 7 euros.

Italian choir to perform on post

The "Le Voci Dei Berici" and "El Soco" Italian choirs offer a free concert in the chapel 5:30 p.m. Friday, Nov. 11. Directed by Michele Bettinelli, the 100-person combined choirs have sung together in important Italian choir festivals and in January they performed at the churches of St. Peter's and St. Paul's in Rome.

The Dec. 11 performance will include both carols and popular holiday songs in both Italian and English. The concert is open to the entire U.S. military community in Vicenza and the approximately 75-minute performance will be followed by a reception in the chapel activities room.

Now Showing



Ederle Theater

Thursday	Halloween 2 (R)	6 p.m.
Friday	Surrogates (PG-13)	6 p.m.
	Zombieland (R)	9 p.m.
Saturday	Old Dogs (PG)	3 p.m.
	The Blindside (PG-13)	6 p.m.
Sunday	Old Dogs (PG)	3 p.m.
	The Blindside (PG-13)	6 p.m.
Wed.	Love Happens (PG-13)	6 p.m.
Dec. 10	Zombieland (R)	6 p.m.

Camp Darby Theater

Friday	2012 (PG-13)	6 p.m.
Saturday	Love Happens (PG-13)	6 p.m.
Sunday	A Christmas Carol (PG)	1 p.m.
Dec. 10	Zombieland (R)	6 p.m.

Admission: Age 12 and over \$4, under age 12, \$2. The Ederle theater box office opens one hour prior to show.

Looking for the movie synopsis? Visit www.aafes.com, scroll to the bottom of the page and click on Movie Schedule.

Looking to buy or sell items? Check out MWR's Marketplace at www.mwrmarketplace.com.

Adult Eagles needed

Several local Boy Scouts have earned the rank of Eagle and would like for adult Eagles to participate in their upcoming Court of Honor, as well as possibly serve on an Eagle board of review. Please contact BSA Troop 295 Scoutmaster Chuck Calabrese at scoutmasterbsatroup295@gmail.com or 328 344 9570.

Field study offered in Florence and Paris

University of Maryland University College Europe is offering two three-credit undergraduate field study courses, Impressionism and Post-Impressionism held in Paris, France, and Renaissance Art held in Florence, Italy. The registration deadline for these courses is Dec. 18, with classes starting in January.

Contact a UMUC field representative, visit www.ed.umuc.edu/fieldstudy, or contact UMUC Europe at DSN 314-370-6762, CIV +49-(0)6221-378367, or e-mail edfieldsty@ed.umuc.edu.

VCC news

■ **Homemade Christmas market** Saturday at Club V from 10 a.m.-5 p.m.

■ **Free craft workshop** Saturday at the art center 10 a.m.-4 p.m.

■ **Continuing education scholarship applications** will be available mid January. E-mail Mari McKenzie for more information at marimomckenzie@yahoo.com.

■ **VCC December luncheon** and white elephant gift exchange Dec. 16 at the Arena from 11:30 a.m.-1 p.m. Cost is \$15 per person. Drop off your payment to the Thrift Store or the VCC drop box in the post library. To RSVP or for more information, e-mail vcc.reservations@gmail.com.

Central processing move

The Central Processing Facility (Golden Lion) is scheduled to move into Bldg. 393 (former Body Shop) from Dec. 14-18. Limited services will be provided during this time. Full operation at the new facility will begin Dec. 21.

Also, an unclaimed camera and cell phone were left on one of the shuttle buses. Call 634-8706/6996 to identify and claim.

A Holiday to Remember

Don't miss the Vicenza Elementary School's sixth grade music classes as they present *A Holiday to Remember*, a choral musical production with choreography, dancing and more Wednesday at the Luna Bubble from 1:30-2:30 p.m.

It will feature special guest performances by their homeroom teachers Ms. Fabiani, Mr. Smith, Mrs. Taratoris and Mrs. Adams.

DFMWR holiday hours

Visit www.vicenzamwr.com for an extensive list of holiday hours for DFMWR.

Jingle all the Way at Soldiers' Theatre

Tickets are on sale now for this year's holiday musical revue. Enjoy holiday classics, exciting

arrangements of traditional music, entertaining comedy numbers and contemporary music of the season during performances Friday through Dec. 13. Call 634-7281.

Tree lighting Dec. 10.

Take photos with Santa, listen to a story read by Mrs. Claus and join in the games, crafts and other activities at Club V from 3:30 until 4:45 p.m. The lighting of Caserma Ederle's holiday tree in front of the post theatre is at 5 p.m. Afterwards, enjoy a ride in a horse draw carriage and enjoy hot cocoa and cookies in the parking area.

Army vs. Navy tailgate

A tailgate party is set Dec. 12, starting at 7:30 p.m. in the Lions' Den. Watch the game on our huge projection screens and enjoy brats and ribs while they last.

Visit with Santa, Curious George at PX

■ Santa will be visiting the Vicenza Main Exchange Saturday from 10 a.m.-1 p.m. He will be set up in the toy department and available for free digital pictures with children.

■ Visit Curious George Dec. 12 from 10:30 a.m.-12:30 p.m. He will be available for story time in the Bookmark area at 11:30.

Dec. 11 wine tasting

Start your weekend out right with wine tasting in the Lions' Den Dec. 11 at 5 p.m. Relax with wine samples and help the Arena choose how to expand its wine selection.

Salsa dancing at Arena

Break in the new dance floor at the Lions' Den Dec. 11 with salsa dancing at 8 p.m. Call 634-8257.

MOMS Club events

■ Monday: Book Club 10:30 a.m.

■ Tuesday: Toddler Playgroup 10-11:30 a.m.

■ Dec. 11: Out and About 9:30 a.m.; Infant Playgroup 11 a.m.

■ Dec. 14: Lunch Playdate 11:15 a.m.

■ Dec. 15: Family Night Activity 6:30 p.m.

■ Dec. 16: Pre-school Playgroup 4 p.m.

■ Dec. 18: MOMS Night Out 7 p.m.

■ Dec. 21: Monthly Meeting/Holiday Celebration 10 a.m.

■ Dec. 22: Toddler Playgroup 10 a.m.

■ Dec. 30: Pre-school Playgroup 10 a.m. *Note earlier time.*

For more information, visit momsclubofvicenza@yahoo.com.

Ladies' movie night

Kick back with friends, a non-alcoholic drink and watch a movie projected on the big screen while your kids are watched by the CDC Dec. 15. Call CLEOS for child care and the Arena for information.

Need insurance?

Everyone needs insurance. Learn Insurance 101 at ACS Dec. 15 from 9 - 10 a.m.

Laugh, share, relax, breathe

Parents' Night Out is set Dec.

11. Enjoy this special child care opportunity from 7 p.m. to midnight and for those attending the military ball, 5 p.m. to midnight. Sign up by Friday at the CYS Services Central Registration. Call 634-7219.

Don't miss thousands in AAFES giveaways

■ AAFES and Hanes are getting in the holiday spirit as they start the New Year off right for 30 exchange shoppers who will each take home a \$1,000 gift card as part of the "Men's & Kid's Hanes Shopping Spree Sweepstakes."

Visit <http://www.flickr.com/photos/aafespa/4150925906/?edited=1> for information.

The contest, which runs through Dec. 17, will award 15 \$1,000 gift cards to shoppers throughout CONUS, with the remaining 15 going to service members in Europe, the Pacific and the Middle East. The drawing will occur on or about Jan. 8.

■ Fine jewelry manufacturer BH Multi and AAFES are giving away \$3,697 in diamond jewelry to one lucky military shopper. Running through Dec. 24, AAFES' "Effy Sweepstakes" prizes include a 14k white gold diamond square pendant, diamond square ring and diamond rectangular earring.

Visit <http://www.flickr.com/photos/aafespa/4147279311/?edited=1> for details. A winner will be drawn on or about Jan. 27.

Infant massage class

Learn how to sooth a cranky baby and create a closer bond with your child through massage ACS from 10 - 11:30 a.m. Dec. 11. Reservation required.

Family art day Dec. 12

CLEOS invites the community to scrapbook starting at 10 a.m. at the arts and crafts center. Sign up at CYSS Central Registration.

Build stronger bonds

Family Advocacy Program hosts two classes to build stronger relationships with your children: Interact with your child through play at ACS from 3:30-5 p.m. Dec. 11. Learn basic principles of parenting from 11:30 - 12:30 p.m. Dec. 15.

Intro to framing

Learn to use the various equipment associated with framing. Cost includes a picture and supplies Dec. 16 at 2 p.m. or Dec. 19 at 10 a.m. Call 634-7074. Refresher framing set Wednesday at 5 p.m.

Couple communication

Learn effective tools of communication to create more love and less conflict during the Dec. 11 class at ACS from 11:30-12:30 p.m.

A handmade Christmas

Support local artists and let kids ages 3 and up enjoy free crafting projects with the arts and craft center Dec. 5. Make up to five great holiday crafts free from 10 a.m. -4 p.m..

Shop for local handicrafts and products at the center and the VCC holiday bazaar at Club V from 10 a.m.-5 p.m.

Also enjoy Christmas carolers at 2 p.m. and face painting, and pictures with Santa (\$5 for a CD with multiple images). Call the center for more information at 634-7074.



Courtesy photo

Join running Santas: The Vicenza Press Association and the City of Vicenza are co-sponsoring the fourth annual "Corri Babbo Natale Corri" (Run Santa Run) charity fundraiser downtown 10 a.m.-12:30 p.m. Saturday Dec. 19 starting and ending at Camp Marzo, the park near the main train station.

The Euro 8 entrance fee includes a lightweight Santa suit to run in and hot chocolate and cake at the finish. Individuals and groups of all ages are welcome and there is special recognition for the agency or association with the most participants.

The course is under two miles and may be easily be completed walking. Groups may pre-register to receive their costumes before race day, or persons may sign-up and pay the day of the event.

All the money raised goes to Italian charities. For more information, call Shay Morris at 634-8879.

Religious activities

Chaplain Crisis Line

To speak with a chaplain after hours call 634-KARE (634-5273).

Sunday services

8 a.m.: Sacrament of Reconciliation, or by appointment

9 a.m.: Roman Catholic Mass

(Daily Mass is held weekdays at noon)

9 a.m.: Protestant Sunday school and AWANAs (September through May in Vicenza High School)

10:45 a.m.: Catholic religious education (Sept.-May in Vicenza High School)

11 a.m.: Protestant worship

1:30 p.m.: Full Gospel Pentecostal worship

4 p.m.: Lutheran worship

6 p.m.: Contemporary Christian service

Mondays

Noon: LDS scripture study

Tuesdays

9:15 a.m.: Protestant Women of the Chapel

Wednesdays

3 p.m.: Praise Dance practice

3:30 p.m.: Middle School Club Beyond meets in VHS cafeteria September-May

5 p.m.: Contemporary Praise band practice

5:30 p.m.: PWOC evening Bible study (beginning Sept. 8. Child care offered for children ages 6 weeks to 4 years)

5:30 p.m.: High School Club Beyond meets at the Teen Center September-May. Call 340-139-4073.

5:30 p.m.: Catholic choir practice

6:45 p.m.: Gospel choir practice

Thursdays

9:30 a.m.: Catholic Women of the Chapel

5:30 p.m.: Gospel service choir rehearsal

7:15 p.m.: Gospel service Bible study

Faith group contacts

Islamic: Spc. Kasimov, 329-034-3511.

Jewish: Sandy Schoenberg at 634-6202 or sandy.schoenberg@eur.army.mil.

Latter Day Saints: Scripture study is held each Monday, noon-1 p.m. at the chapel. Sunday services, 9:30 a.m.-12:30 p.m. downtown. Call Sean Peterson at 335-821-9492.

Call the Caserma Ederle chapel at 634-7519 (0444-71-7519) for religious activities.

What's in it for YOU

Post gym offers wide variety of work-out opportunities

Caserna Ederle's fitness center, located across from the North 40, has much to offer community members. Community members can choose from a host of fitness equipment and services, including the cardio room with its 20 treadmills, recumbent bikes, 12 elliptical machines, six stair climbers, four spinning bikes and two roders, a weight room with everything from free weights and Nautilus machines to hammer strength equipment which strengthens every muscle group.

Services offered at the center include personal trainers,

group aerobic classes, individualized Wellness programs, massage and physical therapists and the availability of saunas.

The facility is open to ID cardholders. Visitors age 15 and under must be supervised by an adult (parent or coach). Saunas can be used by visitors over age 18. Hours of operation are Monday-Friday, 5 a.m.-11 p.m.; Saturday-Sunday, 9 a.m.-9 p.m.; holidays from 11 a.m.-5 p.m. and training holidays, 7 a.m.-7 p.m.

For information, call 634-7009.



(Above) The fitness center cardio room boasts more than 50 machines, including treadmills, stair climbers and elliptical machines. (At right) Warrant Officer Pattie Roberts, HHC USARAF, works out on a hammer strength machine. (Far right) Donald Broxton Jr. uses a cable crossover.

Photos by Laura Kreider

Mako Sharks boast busy season

By ANN GASPARINI
Special to The Outlook

As most of the U.S. military community in Vicenza continues to ready itself for the upcoming deployment, the Mako Sharks swim team and family members once again packed up their vehicles, dogs, kids and snacks and drove to a Nov. 27-29 swim meet.

The European Forces Swim League held its annual long distance championship meet along with a short course meet in Lignano, Italy, just north of Jesolo last month.

During the days after Thanksgiving the Sharks mingled with kick boxers and apnea swimmers from all around the world at the GE Tur sports complex in Lignano.

"Swim apnea is considered an extreme sport in which the competitors attempt to swim great depths, times or distances on a single breath without direct assistance of any breathing apparatus," explained Alex Hughes. "Needless to say, the swim teams were captivated by the great lengths these swimmers were going to for their sport."

Thirteen EFSL teams from England, Holland, Belgium, Germany, Portugal, Spain and Italy competed in swim events in freestyle, back stroke, butterfly and breast stroke as the swimmers strove to beat their previous best time and qualify

for the February championship which will be held in Eindhoven, Holland.

"The team did really well as many swimmers, including John Casey, TJ Bryant, Rebekahann Handran and Savannah Hampton, dropped time from previous meets and impressed judges and themselves with their times," said head coach Justine Aubrey. "Kyla Hallam, Chris Unger, Rima Gasparini, Lauren Rajotte, and James Jones have qualified to attend champs in Eindhoven. Richard Handran and James Jones qualified either for the first time or for a new event."

Three swimmers qualified for the

long distance championship but only Gasparini was able to represent the Sharks during last month's event.

Gasparini swam in all three events—the 400 IM, 800 freestyle and 1,500 freestyle—and took a ribbon for winning her heat in the 400 IM.

The Mako Sharks will have a busy December as they swim in Aviano Dec. 12, followed by a Dec. 13 meet which the team will host at a local pool in Vicenza. The team will then head to Sicily in January to compete in the Southern Divisionals before competing in the February championship in Holland.



Photo by Anna Calabrese

The Mako Sharks swim team competed in a Nov. 28-29 meet in Lignano, Italy. Head Coach Justine Aubrey praised team members, many of whom dropped their time from previous meets and "impressed the judges."

Sports shorts

Hula hoops, jacks contest set Dec. 18 at 6 p.m.

Teens, adults, and children ages 8-12 with their parents are invited to compete for awards. Free entry. Sign up by Dec. 15 by calling 634-7009 or stop by the gym. Competition may continue on Dec 19.

College football fan? Join the Bowl Games Contest

Enter the College Bowl Games Contest 2009-2010 with Sports, Fitness & Aquatics. Pick a team and predict the winner. Prizes for 1st, 2nd and 3rd place correct entries. Adults only. Free entry form available after Dec. 7. Turn in form by Dec. 18 to the Fitness Center. Call 634-7009 for information.

Youth basketball sign-ups through Wednesday

Open to children and youth ages 3-15. Practice begins in December, TBD. Season runs Jan. 11 – Feb. 27. Cost is \$46. Enroll by Wednesday or until spaces fill.

Youth ski/snowboard days return Saturday

Call 634-7659 to register for grades 6-12. Overnight trips include Garmisch Dec. 29-31 and Feb. 19-21 for youth in grades 7-12. Day trips include San Martino, Folgaria, and Kron Platz. Maximum of 20 spots available per trip.

Triathlon training club offered at post gym

Info Meeting set Wednesday at 5:30 p.m. Beginners and experienced participants are needed and welcome. This free program is offered through a collaboration of FMWR's Sports, Fitness & Aquatics and Outdoor Rec programs. Call Bea Giometto at ODR, 634-7453.

Cheerleading enrollment open for ages 6-15

Sign up by Wednesday or until spaces are filled. Space is limited. The cheerleading season will be Jan. 11-Feb. 27. Practices begin Dec. 29. For more information contact Alex Ruiz at CYSS Sports & Fitness, 634-6151. Enroll at Central Registration, 634-7206.

Become a CYSS basketball or cheerleading coach

Attend a coaches clinic to earn certification Dec. 18-19 from 9 a.m.–noon. Call 634-6151 to register or find out the dates for upcoming clinics.